

Reclaim Your Curves

EMPOWER
SUPPORT
ADVOCATE



WHO WE ARE

Reclaim Your Curves is a registered Australian charity created to assist women to plan their life after breast cancer, specifically women seeking breast reconstruction. We are an organisation of women who have travelled the path of breast reconstruction and recognise the need for accessible, plain language and trustworthy resources at every stage and who understand the value of community for overall physical and emotional recovery from breast cancer.

SHARE YOUR STORY

You are invited to share your story with Reclaim Your Curves and women seeking inspiration to help them plan their life after breast cancer. Your story will be proudly featured on the Reclaim Your Curves website in the Personal Stories section.

The following points might help tell your story:

- Share a little bit about you, your family and where you are from.
- What treatment did you undergo for breast cancer?
- When did you decide to have breast reconstruction?
- Describe the type of breast reconstruction you have had and what influenced this choice.
- What challenges did you face and what were the highlights?
- What were the things that really helped you through?
- Now that you are finished your surgery, how does having breast reconstruction help you to move on with your life?
- Have you returned to your former activities and does your surgery impact on your activities if at all?
- How much has contact with other women helped you to reclaim your curves?
- What is your big tip to a woman thinking about your type of surgery?
- In one sentence describe how having breast reconstruction has affected you and your life.

Please limit your story to approximately 800 words. Pictures, video, flipagram and storyboard style media all help bring your story to life, include an image of yourself and images and files that help tell your story. It will be especially inspirational to show images of you enjoying your life post surgeries. *However this is not the place for your surgical pics due to the limited restrictions to the webpage.*

Your story will feature in the Personal Stories section of the website and accessible only by members.

Send your story and images to mystory@reclaimyourcurves.org.au

